

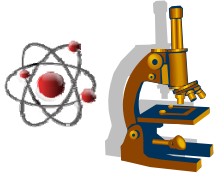
# THE LOVING CHOICE

ARCHDIOCESE OF DETROIT NATURAL FAMILY PLANNING NEWSLETTER

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## Fertility Science



### Prevalence of sexual dysfunction and impact of contraception in female German medical students.

Wallwiener et. al, 2010; *The Journal of Sexual Medicine*. Jun;7(6):2139-48

Hormonal contraceptives often work by mimicking pregnancy in the body. This change in body chemistry often leads to a decrease in sexual desire and arousal in women taking these drugs.

One scientific study in the *Journal of Sexual Medicine* studied female sexual dysfunction (FSD) which encompasses factors such as decreased arousal and desire, by using a female sexual dysfunction index (FSDI). The FSDI was developed by asking women about contraception, sexual activity and other factors that may influence sexual function.

The study found that as many as 32% of

women were at risk for FSD. The main factors contributing to a high FSDI score were the type of contraception and smoking. Those using hormonal contraception were at a higher risk for FSD than those who did not. Women using hormonal contraception also had lower arousal and lower desire scores than those who used no hormonal contraceptive or a non-hormonal contraceptive.

**2011 National NFP Awareness Week:**  
**July 24<sup>th</sup>-30<sup>th</sup>**

The poster for the 2011 celebration of National NFP Awareness Week is ready and can be viewed at:  
<http://www.usccb.org/prolife/issues/nfp/nfpweek/posters.shtml>

The poster may be downloaded and used for educational purposes. Each year homily notes and other supportive materials are also provided on the USCCB website.

When ordering the 2011 poster, please contact customerservice@ifcweb.com; or call toll free, 1-866-582-0943.

## 2011 Theology of the Body conference: Why the Fig Leaf? God, Sex and Sensibility

*A Theology of the Body for our times.*

### The Round-up:

Pope John Paul II's beautiful teachings on Theology of the Body are the heart of Natural Family Planning. This conference at Madonna University in Livonia, MI hosted some of our nation's most renowned experts on Theology of the Body.

In the following three issues of TLC, I will be breaking down and summarizing each of the talks given by the keynote speakers:

**Bill Donaghy:** *God, Sex and the Meaning of Life.*

**Dr. Mary Healy:** *Reclaiming Eden: The Only Cure for a Lovesick World.*

**Dr. Janet Smith:** *Healthy Passion: Understanding the Owner's Manual.*

Additional resources will also be listed for those that would like to learn more about Theology of the Body.

**Purchase DVD videos and MP3 downloads of the conference speakers at [www.aodonline.org/store](http://www.aodonline.org/store)**


View clips from the Archdiocese of Detroit's NFP DVD's and from last year's NFP conference on YouTube at:

<http://www.youtube.com/user/NFPOnline>

Pass this link on to everyone in your email box!

## NFP: Make a Resolution, June Challenge

This month's challenge to bring the message of NFP to the world is simple:

 **Hang the 2011 USCCB NFP Awareness Week Poster in your church.**

If your church already has the poster, think about campus ministries, NFP classrooms, or marriage preparation sites.



Please email topics, articles, questions, and suggestions to TLC at [jndorsten@gmail.com](mailto:jndorsten@gmail.com)