



THE LOVING CHOICE

ARCHDIOCESE OF DETROIT NATURAL FAMILY PLANNING NEWSLETTER

VOLUME 9 ISSUE 2

October, 2005

Thank you Bishop John Quinn



The Mass at Blessed Sacrament Cathedral on October 16, 2005 for couples desiring to achieve a pregnancy and couples who have lost a child was very meaningful!



Bishop Quinn individually addressed each of the couples present for the blessing and for a child who died. Pictures may be found on the NFP web page at www.nfponline.org. Click on the button on the right "infertility concerns".

Next year's Mass at the Cathedral is tentatively scheduled for October 15, 2006. Publicity will be sent to all parishes a month before the event. Contact us if you are interested in helping to encourage parishes in your area to publish this information. Your email or address will be added to the mailing list.

Requests have been made for this Mass to be celebrated at other parishes in the archdiocese. The goal is that four times a year this Mass would be offered for couples in this archdiocese. Parishes in the North, East, West, and South areas of the archdiocese interested in providing this Mass are encouraged to contact us and we will help them with the details.

Welcome Mary Bieniasz, NP, FCP

At the October 16th Mass Bishop Quinn welcomed Mary into the NFP group of Archdiocesan Teachers. Mary completed her studies in the Creighton Model, a version of the Ovulation Method that focuses on fertility and women's health concerns. Mary is a certified Fertility Care Practitioner from the Pope Paul VII Institute in Omaha, Nebraska.

Responses from families attending Oct 16th Mass

"It was a lovely ceremony, and very moving. (I had tears in my eyes, and we haven't personally experienced a loss!)"

"I was incredibly moved. There was an immediate connection between the couples, each suffering from their own private difficulties but able to respond to and empathize with those around them."

"I realized that my struggles with infertility have temporarily blinded me to the blessings in my life."

"It rekindled my faith on many levels."

NFP DVD

We are hoping to produce a Natural Family Planning DVD to help spread the word that NFP is effective and helpful. Couples interested in sharing how they discovered NFP and how it affects their marriage may call Dorothy 313-237-4679 or email nfp@aod.org for meeting information.

The stories of how couples found out about NFP are inspiring and reflective. Here are some highlights of what couples have shared.

"My sister told me about her weird friend who says she gets pregnant only when she wants to. I called and found that she used NFP. We were very skeptical, but since the pill was making me sick I felt there was nothing to lose by listening to the information. I bought a pregnancy kit since I was sure I would get pregnant. Month after month went by and no pregnancy."

"I learned NFP before I got married. I was not Catholic at the time. Women I know who take the pill don't like what it does to them. I do not like the idea of taking a pill everyday when nothing is wrong with me. Using NFP we planned the two children we have. My mother shakes her head in disbelief as she asks if we know what we are doing. Yes, we know what we are doing. NFP works for us. We don't experience unplanned pregnancies."

"People say NFP has many benefits. Some I could easily admit. There are no physical side effects; it is readily reversible.... I didn't understand what is meant when they say that NFP makes a marriage better. While using the pill our marriage was good, how could it be any better! Now that we are using NFP we find our marriage has skyrocketed. It went from a level 10 to 100! We now see that everything we do together becomes sacramental."

"As a nurse practitioner I was hired to prescribe contraceptives for my clients. I am required to attend continuing education programs to keep my license. I chose to attend a conference on NFP. Most of the information presented was new to me. As I found out the medical and moral negatives of the pill, and the current research on NFP I decided I could no longer prescribe the pill. I told my boss, fully expecting to lose my job, which did not happen. So then I had to offer my clients something other than the pill. I attended an NFP teaching program and am now a certified NFP teacher."