

Hear from an OB/GYN, Nurse Practitioner, and a parish priest along with seventeen couples as they share their professional and personal experiences with NFP on a two disk DVD addressing medical and moral aspects of NFP.



Conjugal love is both life giving (procreative) and love giving (unitive).



A woman experiences three signs of fertility: cervical mucus, temperature changes, and cervical changes. Modern Natural Family Planning methods determine fertility and/or infertility from daily observations of one or more of these signs.

Children are a blessing!

Will you accept children lovingly and bring them up according to the law of Christ and His Church?

Intimacy is frequent and meaningful



"It's not sex that gives meaning to our marriage relationship.



Users of natural family planning control their sexual desires. Sexual desires do not control them.

*To purchase this DVD send check or money order for \$20 made out to NFP and send to:
NFP, 305 Michigan Avenue, Detroit, MI 48226
Call 313.237.4679 Email nfp@aod.org*



It's our marriage relationship that gives meaning to our sex

