



## Tips for Promoting Natural Family Planning in Your Parish Community



- 1) Designate a liaison with the Archdiocesan NFP ministry. [NFP@aod.org](mailto:NFP@aod.org), 313 237.4679.
- 2) Include Prayers of the faithful at Masses for openness to life. Samples posted at <http://www.usccb.org/prolife/issues/nfp/nfpweek/lit&pray.shtml> .
- 3) Sign up for the monthly NFP newsletter, The Loving Choice. [www.aodonline.org/TLCnewsletter](http://www.aodonline.org/TLCnewsletter) .
- 4) Publish NFP articles in the weekly parish paper. Samples posted at [www.nfponline.org](http://www.nfponline.org) .
- 5) Provide for couples the AOD NFP DVDs of an OB/GYN, nurse practitioner and 17 couples who witness to the advantages of NFP lifestyle. Samples on Y-Tube at [www.nfponline.org](http://www.nfponline.org) .
- 6) Display NFP posters on bulletin boards in Church areas with phone and email contacts. <http://www.usccb.org/prolife/issues/nfp/nfpweek/lit&pray.shtml> .
- 7) Include in the parish bulletin the Catholic Update insert: *Natural Family Planning: The Key to Intimacy*. Preview the complete article and order information at <http://www.americancatholic.org/Newsletters/CU/ac0707.asp> .
- 8) Invite RCIA adults and parents whose children receive the sacraments to attend Archdiocesan Conjugal Love and NFP Presentation. Schedule of Presentations are found at [www.nfponline.org](http://www.nfponline.org) .
- 9) Invite an NFP witness couple to speak to various groups of parish members. For couples to speak contact [NFP@aod.org](mailto:NFP@aod.org), [www.nfponline.org](http://www.nfponline.org), 313 237.4679.
- 10) Provide a table of NFP information at parish events after Masses. [NFP@aod.org](mailto:NFP@aod.org), [www.nfponline.org](http://www.nfponline.org), 313 237.4679.
- 11) Include NFP information at Pro-Life activities. Contact [NFP@aod.org](mailto:NFP@aod.org), [www.nfponline.org](http://www.nfponline.org), 313 237.4679.
- 12) Distribute prayer cards for conversion from contraception. Contact [NFP@aod.org](mailto:NFP@aod.org), [www.nfponline.org](http://www.nfponline.org), 313 237.4679.
- 13) Host an NFP forum night of personal testimony and resources and give it a catchy name. [NFP@aod.org](mailto:NFP@aod.org), [www.nfponline.org](http://www.nfponline.org), 313 237.4679.

For more information or assistance contact the  
Archdiocesan NFP office at [NFP@aod.org](mailto:NFP@aod.org) or (313) 237-4679.